

# Thank You to all who have journeyed with us over the last 40 years. Here are some snapshots of what we have accomplished together...

## 1974–1979: Getting Established

South Central Connecticut Agency on Aging is incorporated as the first established agency on aging in the state. SCCAA began in an office in Woodbridge with a staff of three and a total budget of \$136,392. Six grants were awarded in the inaugural year.

**5 Year Anniversary!** SCCAA employed 25 staff, and, outgrowing its original location, moved to West Haven. The budget had increased to \$407,580 with \$305,685 in Older Americans Act funded grants awarded to twenty-five community organizations.

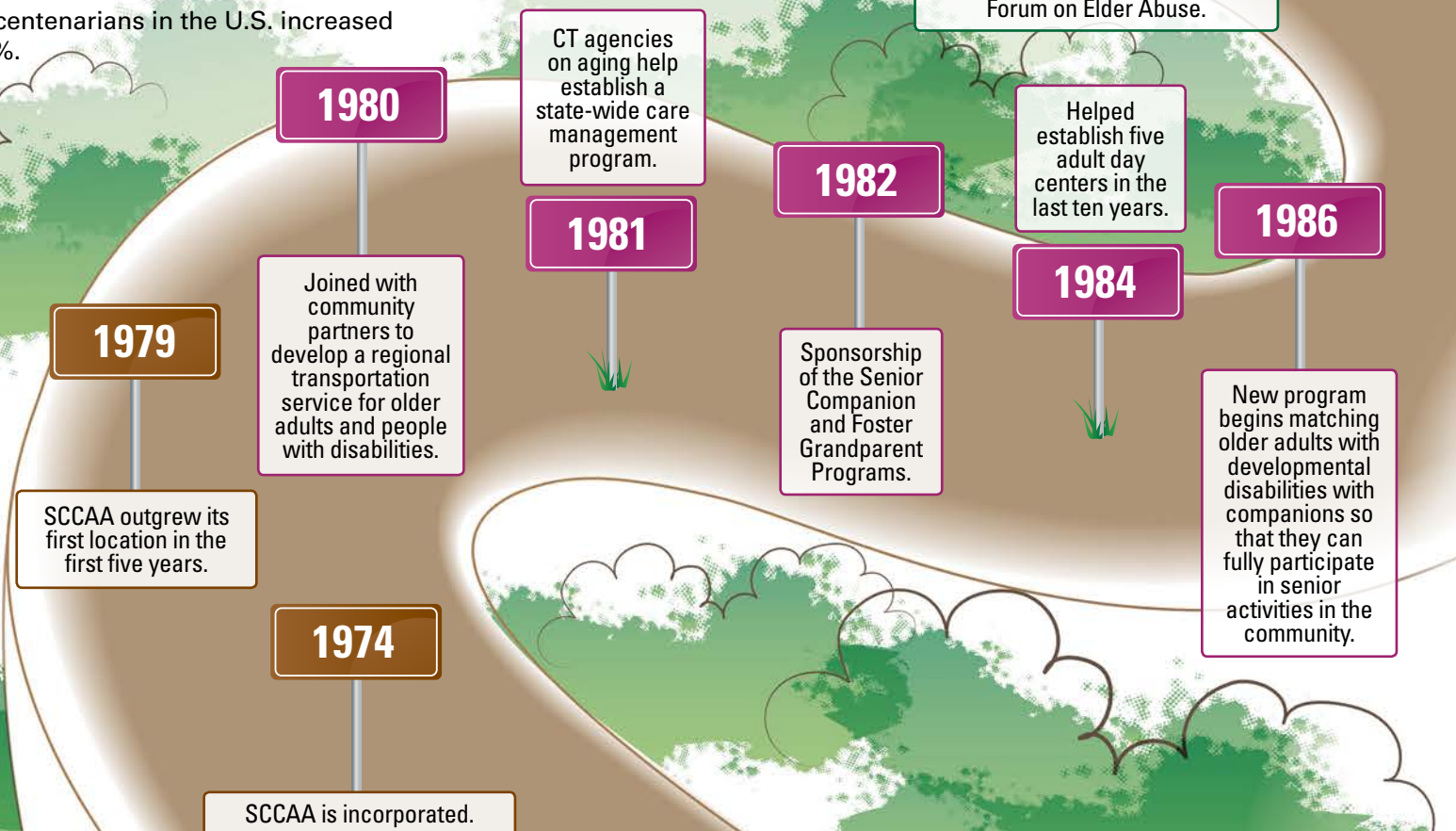
## 1979–1989: A Decade of Initiatives

SCCAA shines a spotlight on the contributions of older adults and begins offering opportunities to make a difference in the community. The Foster Grandparent program grew from 27 to 70 volunteers serving at 14 locations in its first year.

In 1988, SCCAA co-sponsored with the state the first joint conference on issues facing people with developmental disabilities.

Honoring 10 centenarians at its first celebration, SCCAA recognized that there would be a steep rise in the number of the oldest old. From 1990 to 2010 the number of centenarians in the U.S. increased 53%.

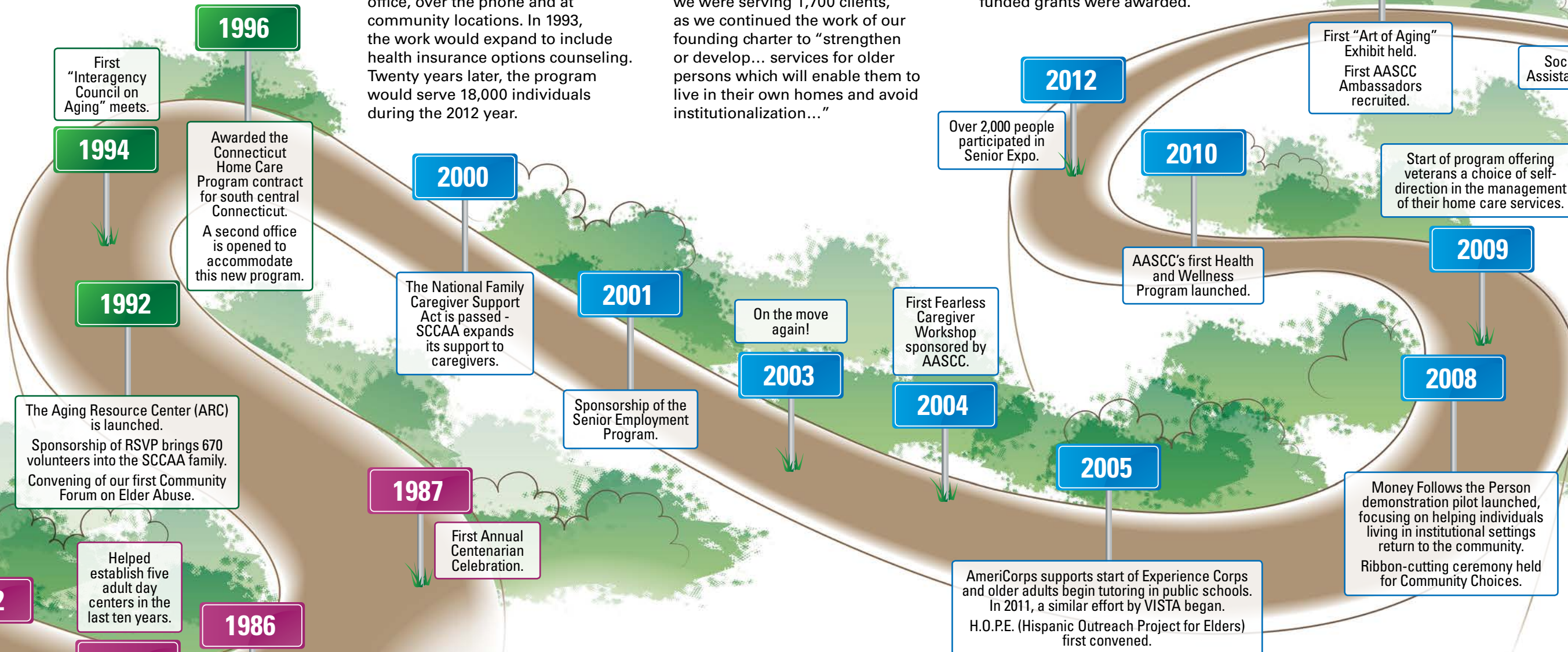
In 1989, SCCAA co-sponsored a conference to acquaint community agencies with services by the Veterans Administration.



## 1989–1999: A Decade of Growth

In 1992, the ARC was staffed by one employee who offered information and referrals in the office, over the phone and at community locations. In 1993, the work would expand to include health insurance options counseling. Twenty years later, the program would serve 18,000 individuals during the 2012 year.

When SCCAA was awarded the CHCP Program in 1996, there were 350 clients in our area. A year later, we were serving 1,700 clients, as we continued the work of our founding charter to “strengthen or develop... services for older persons which will enable them to live in their own homes and avoid institutionalization...”



## 2000–2014: Expansion of Services

In 2003, our name changes to Agency on Aging of South Central Connecticut to make it easier to be identified as an “agency on aging” and offices are consolidated to the current location in New Haven.

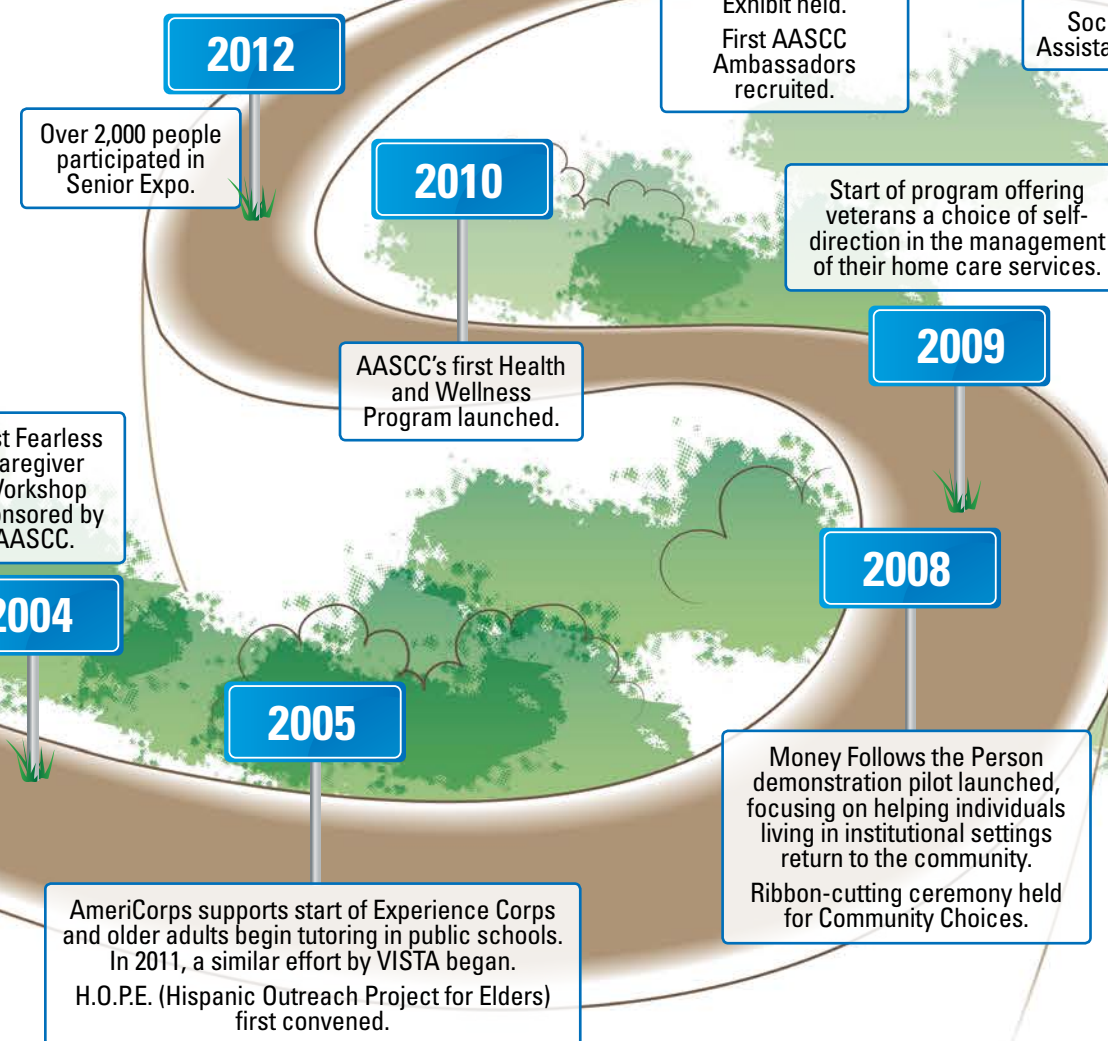
In 2007, the CHC Program began a pilot to provide services to younger individuals with disabilities. In 2008, ARC becomes ADRC (Aging and Disability Center) with the addition of Community Choices, a collaborative initiative of AASCC, the Center for Disability Rights and the State of Connecticut. A year later, our vision and mission statements are updated to reflect our expanded reach.

In 2009, the National Association of AAA’s recognized H.O.P.E. for facilitating access to long-term care services for the Latino population. The N4A report states, “Until the project, information about services was so fragmented that recipients did not benefit from a more comprehensive approach to alerting them about the assistance available to them.”

Supplementing the services offered through the Veteran-Directed Home and Community Based Services Program launched in 2009, in 2014 services to veterans would also be offered through the RSVP Program.

AASCC received a national award from the Federal Administration on Aging on Aging in 2010. We were nominated by the Connecticut Department for Social Services for our innovation, dedication and leadership to achieve long term care systems change.

**25th Anniversary!** With 97 staff, the budget had increased to \$18 million and 32 Older Americans Act funded grants were awarded.



## An Overview of Accomplishments in 2014

### Support to Live at Home

- Information counselors provided assistance to 8,254 callers:
  - 3,519 were assisted with Medicare issues.
  - 4,735 were assisted with I&A about community resources.
- 1,034 individuals received assessments for Meals on Wheels.
- Care management services were provided to over 3,100 individuals, helping them remain safely in their own homes.
- 24 Veterans were given the opportunity to select a self-directed model in which to receive their home care services.
- 153 individuals living in long term care facilities were assessed to determine if living in the community was a viable option. Eligible individuals were assisted in their return to the community through coordination of services, housing, and the necessary supports.

### Assistance & Support for Those Caring for Loved Ones

- 2,167 family caregivers were assisted with information about community resources & benefits, respite care, & training.

### Opportunities for Staying Active and Healthy

- Volunteers spent over 43,000 hours in the local public schools tutoring children and working to improve educational opportunities. An additional 70,000 hours of mentoring were provided to preschool children.
- Over 75,000 hours of companion services were given to frail older adults.
- 50 older adults received skills and employment training, and ten were successfully placed into unsubsidized employment.
- 144 people completed Moving for Better Balance (Tai Chi) training.
- 25 people were trained as workshop leaders for the Live Well (Chronic Disease Self-Management Program) and 97 individuals completed the program.
- 50 artists displayed works at the 2nd Art of Aging Exhibition.
- Twenty centenarians were honored at our 28th Annual Centenarian Luncheon.

