

**Agency on Aging of South Central CT
Online Caregiver Support Group
Call 203785 8533, Patricia Soos, to register and get the link.**

Ansonia

See: NORTH STAR

Branford

See: EVERGREEN WOODS
ORCHARD HOUSE
THE HEARTH AT GARDENSIDE
SARAH, INC. IN ACTION

Branford

See: Blackstone Memorial Library
758 Main Street
860 913 2550
3rd Wed. Each Month
Caregivers of people with MS

Orchard House ADC
Temporarily on Zoom

Derby

See: GRIFFIN HOSPITAL - CANCER SUPPORT GROUP
GRIFFIN HOSPITAL-ALZHEIMER'S SUPPORT GROUP

East Haven

See: THE VILLAGE AT MARINERS POINT

Guilford:

See: VNA Community Healthcare

Hamden

See: ALZHEIMER'S ASSOCIATION - CONNECTICUT CHAPTER
ARDEN COURTS
ARDEN HOUSE
ATRIA LARSON PLACE
CLELIAN CENTER
HOSPITAL OF SAINT RAPHAEL - MCGIVNEY CENTER FOR CANCER
HAMDEN HEALTH CARE CENTER
MAXIM HEALTHCARE SERVICES
MAPLEWOODS OF HAMDEN
SPRING GLEN CHURCH
ST STEPHENS CHURCH
SUNBRIDGE HEALTHCARE

Madison

See: MADISON SENIOR CENTER

Meriden

See: MIDSTATE MEDICAL CENTER - CANCER CENTER
THE VILLAGE AT KENSINGTON PLACE

Milford

See: ALS ASSOCIATION - CONNECTICUT CHAPTER
CARRIAGE GREEN AT MILFORD
MILFORD HOSPITAL

New Haven

See: APRAXIA RESOURCE CENTER OF CONNECTICUT
Bella Vista

MARY WADE

118 Clinton Ave. Temporarily on Zoom
KATHERINE BRENNAN SCHOOL FAMILY RESOURCE CENTER
YALE UNIVERSITY- ALZHEIMER RESEARCH CENTER
1 Church Street

North Haven

See: AMERICAN PARKINSON DISEASE ASSOCIATION
EVEN CAREGIVER SUPPORT GROUP
NORTH HAVEN CAREGIVER SUPPORT GROUP
VNA Elder Resource Center

Yale MS Center
6 Devine St. Suite 2B
1st Thursday 5-7PM

General Caregiver Support Group
Amici Restaurant
43 Broadway
Meets Saturdays 11:30 AM– 1PM

Norwalk

See: CANCERCARE

Seymour

See: SOUTHERN CONNECTICUT WELL SPOUSE SUPPORT GROUP

Shelton

See: GARDENER HEIGHTS

See: Benchmark/Parkinsons

When: Meets the 3rd Tuesday each month at 11:00AM..

Where: Benchmark at Split Rock: 708A Bridgeport Ave Shelton

Contact: Theresa Waldron-Yancoskie, [203-929-1111](tel:203-929-1111)

Wallingford

See: DIABETES SUPPORT GROUP OF CT
REGENCY HOUSE
MASONIC CARE

West Haven

See: WEST HAVEN, CITY OF
WEST HAVEN, CITY OF - YOUTH AND FAMILY
SERVICES
VETERANS AFFAIRS

Woodbridge

See: COACHMAN SQUARE
EMERITUS AT WOODBRIDGE

JEWISH FAMILY SERVICES
AMITY RD

3rd Thursday evening.

LBGT

See:

LGBT Caregivers

ALZHEIMER'S ASSOCIATION - CONNECTICUT CHAPTER

800-272-3900

Website: www.alz.org/ct

ALZHEIMER'S ASSOCIATION - CONNECTICUT CHAPTER - SOUTH CENTRAL
REGIONAL OFFICE - HAMDEN

2911 Dixwell Avenue

Hamden, CT 06518

(800) 272-3900 Voice

<http://www.alz.org/ct>

ALS ASSOCIATION - CONNECTICUT CHAPTER

4 Oxford Road Unit D4
Milford, CT 06460
(877) 257-2281 Voice Toll-Free
(203) 874-5050 Voice

AMERICAN PARKINSON DISEASE ASSOCIATION - CONNECTICUT CHAPTER

27 Allendale Drive
North Haven, CT 06473
(203) 288-0546 Voice
<http://www.ctapda.org>
gladkt@hotmail.com

APRAXIA RESOURCE CENTER OF CONNECTICUT

New Haven, CT 06515
(203) 521-6112 Voice
<http://www.apraxiact.com>
apraxiaCT@yahoo.com

ARDEN COURTS - HAMDEN

153 Leeder Hill Drive
Hamden, CT 06517

ARDEN HOUSE

850 Mix Avenue
Hamden, CT
(203) 285-1060
Tiffany Burnham

ATRIA LARSON PLACE

1450 Whitney Avenue
Hamden, CT
(203) 248-8880
John Ardolino

Bella Vista

339 Eastern ST, Bldg. B, Room 313
New Haven, CT
1-866-474-5230
Last Thursday of month, 10:30 -noon

CANCERCARE

535 Connecticut Avenue Suite 104

Norwalk, CT 06854

(203) 854-9911 Voice

(800) 813-4673 Voice 800-813-HOPE

<http://www.cancercare.org>

ctinfo@cancercare.org

CARRIAGE GREEN AT MILFORD

77 Plains Road

Milford, CT 06460

CLELIAN CENTER

261 Benham Street

Hamden, CT

(203) 288-4151

Ron Bowen/Sharon Albone

COACHMAN SQUARE

at Woodbridge

21 Bradley Road

Woodbridge, CT

(203) 397-7544 x307

Bea Gawlak

CT FAMILY NETWORK

South Central Regional Coordinator:

Deborah Pagano

Phone: (203) 430-0242

Email: dpagano@ctfsn.org

CONNECTICUT MENTAL HEALTH
COMMUNITY SERVICES NETWORK

34 Park Street

New Haven, CT 06519

(203) 974-7265 Voice

(203) 974-7082 Voice

EVEN CAREGIVER SUPPORT GROUP

Joyce Budrow Senior Center

189 Pool Rd.

North Haven

Last Thur. of Month

EVERGREEN WOODS
88 Notch Hill Road
Branford, CT 06471
Walking Group, rain or shine!
Thursdays, 1 – 2:30

EMERITUS AT WOODBRIDGE
330 Amity Rd
Woodbridge, CT 06525

GARDENER HEIGHTS
172 Rocky Rest Road
Shelton, CT
(203) 924-6251
Mike Hetsko
Mh@hetsko.com

GRIFFIN HOSPITAL - CANCER SUPPORT GROUP
130 Division Street
Derby, CT 06418
(203) 732-7591 Voice
<http://www.griffinhealth.org>
H.U.G.S. (Help Unlimited Griffin Support)

GRIFFIN HOSPITAL-ALZHEIMER'S SUPPORT GROUP
130 Division Street
Derby, CT 06418
(203) 732-7591 Voice
<http://www.griffinhealth.org>
2nd Wednesday, monthly

HAMDEN HEALTH CARE CENTER
1270 Sherman Ave
Hamden, CT 06514

HOSPITAL OF SAINT RAPHAEL - MCGIVNEY CENTER FOR CANCER CARE -
HAMDEN
2080 Whitney Avenue
Hamden, CT 06518
(203) 789-3131 Voice
<http://www.srhs.org>

KATHERINE BRENNAN SCHOOL FAMILY RESOURCE CENTER
Kinship Care Support Group

200 Wilmot Road
New Haven, CT, 06515
203-946-6171

LGBT Caregivers

ALZHEIMER'S ASSOCIATION - CONNECTICUT CHAPTER

800-272-3900

Website: www.alz.org/ct

MAXIM HEALTHCARE SERVICES
HAMDEN HOME HEALTH ACCREDITED
2313 Whitney Avenue Suite 1B
One Hamden Center
Hamden, CT 06518
(203) 288-1117 Voice Dan
<http://www.maxhealth.com>
DaMcNama@maxhealth.com

DIABETES SUPPORT GROUP OF CT
c/o Skyview Center 35 Marc Drive
Wallingford CT 06492
(203)-640-4589

MADISON SENIOR CENTER
9 Bradley Rd.
Madison
3rd Tuesday of month
12:30 – 2:00PM
1-866-474-5230

MIDSTATE MEDICAL CENTER - CANCER CENTER
435 Lewis Avenue
Meriden, CT 06451
(203) 694-8669 Voice
(203) 694-8353 Voice
<http://www.midstatemedical.org>

Miller Senior Center
2901 Dixwell Ave.
Last Tuesday of Month 10-11:30 AM

MAPLEWOODS OF HAMDEN
35 Hamden Hill Drive
Hamden, CT
(860) 230-1777 x14
Maria Tomasetti

MARY WADE
118 Clinton Avenue
New Haven, CT
(203) 562-7222 x131
Gail Donahue
gdonahue@marywade.org

MASONIC CARE
22 Masonic Avenue
Wallingford, CT
(203) 679-6581 or
(203) 679-6369
Beverly Bryda &
Gail Kallinich

MILFORD HOSPITAL
2047 Bridgeport Avenue
Milford, CT (203) 396-1086 Erena Fitzgerald

MILLER SENIOR CENTER
2901 Dixwell Ave.
Hamden, CT
Last Tuesday of month
10:00 AM – 11:30 AM
1-866-474-5230

NORTH HAVEN CAREGIVER SUPPORT GROUP
VNA Elder Resource Center
2 Broadway
North Haven
1st Monday, monthly

NORTH STAR
31 Hill Street
Ansonia, CT 06401

(203) 735-6098 Voice Cathy (home phone)
(203) 751-2417 Voice Cathy (cell phone)
<http://www.northstarsupportgroup.com>
cathy@northstarsupportgroup.com

ORCHARD HOUSE
421 Shore Drive
Branford, CT
(203) 481-7110
eastregional@sbcglobal.net

[Mens as Caregivers](#)
Orchard House 1st Wed

REGENCY HOUSE
181 E. Main Street
Wallingford, CT
(203) 265-1661
Theresa Mowry

SARAH, INC. IN ACTION - BRANFORD
One Commercial Street
Branford, CT 06405
(203) 315-9123 Voice
<http://www.sarah-inc.org>

SOUTHERN CONNECTICUT WELL SPOUSE SUPPORT GROUP
Seymour, CT 06483
(203) 888-3541 Voice Home phone number
<http://www.wellspouse.org>
picardow@yahoo.com

SPRING GLEN CHURCH
The Great Hall
1825 Whitney Avenue
Hamden, CT 06517

ST STEPHENS CHURCH
400 Ridge Road
Hamden, CT 06517

STRONG HOUSE

546 Durham Road
Madison, CT
(203) 245-0524
2nd Tuesday of Month 12:30-2PM

SUNBRIDGE HEALTHCARE
Arden House, 1st Floor, Conference Room
850 Mix Avenue
Hamden, CT 06514

THE HEARTH AT GARDENSIDE
173 Alps Road
Branford, CT
(203) 483-7260
Linda Abbagnaro

THE VILLAGE AT MARINERS POINT
111 South Shore Drive
East Haven, CT
(203) 467-0067
Brenda Lopes

VETERANS AFFAIRS, UNITED STATES DEPARTMENT OF - CONNECTICUT
HEALTHCARE SYSTEM
950 Campbell Avenue
West Haven, CT 06516
(203) 932-5711 Voice
(866) 808-7921 Voice
(877) 222-8387 Voice 1-877-222-VETS
<http://www.connecticut.va.gov/>

VILLAGE GRANDPARENTS
203 407-3172

VNA Community Healthcare
753 Boston Post RD.
Guilford, CT
Parkinson's Caregiver Group
2nd Thursday of month
10:30 AM – noon
1-866-474-5230

THE VILLAGE AT KENSINGTON PLACE

511 Kensington Avenue
Meriden, CT
(203) 467-0067
Brenda Lopes

VISITING NURSE ASSOCIATION
135 North Plains
Industrial Road
Wallingford, CT
(203) 269-1475
correspondence@vna
wallingford.org

VNA COMMUNITY HEALTHCARE
2 Broadway
North Haven, CT 06473
1ST Monday of month, 10:30 - noon
P203-985-1549
jbegley@vna-commh.org

WEST HAVEN, CITY OF WEST HAVEN, CITY OF - YOUTH AND FAMILY SERVICES
- WEST HAVEN INTERAGENCY NETWORK FOR CHILDREN
201 Noble Street
Johnson Community Center
West Haven, CT 06516
(203) 937-3565 Voice Parent Support Group
<http://www.whinc.org>

Support Groups Outside South-Central Region

HOUSE OF GOD OUTREACH AND DELIVERANCE

500 Pequonnock St.
Bridgeport, CT 06604

[KINSHIP CAREGIVER/CAREGIVER SUPPORT GROUPS](#)

Family 2 Family

(203) 333-5778 Voice

JEWISH FAMILY SERVICE

2370 Park Ave.
Bridgeport, CT 06604

[CAREGIVER SUPPORT GROUPS](#)

(203) 366-5438 Voice

CHESHIRE, TOWN OF

CHESHIRE, TOWN OF - SENIOR CENTER

240 Maple Ave.
Cheshire, CT 06410

[CAREGIVER SUPPORT GROUPS](#)

(203) 272-8030 Voice - Outreach Social Worker

(203) 272-0047 Voice - Senior Center, for directions to center

LIBERTY SPECIALTY CARE CENTER

36 Broadway
Colchester, CT 06415



CAREGIVER SUPPORT GROUPS

(860) 537-4606 Voice



CENTER FOR HOPE

590 Post Rd.
Darien, CT 06820

CAREGIVER SUPPORT GROUPS

(203) 655-4693 Voice



ENFIELD, TOWN OF

ENFIELD, TOWN OF - ENFIELD ADULT DAY CARE CENTER

One-A Beech Rd.
Enfield, CT 06082

CAREGIVER SUPPORT GROUPS

(860) 763-7538 Voice



FAIRFIELD, TOWN OF

FAIRFIELD, TOWN OF - GRASMERE ELDERCARE CENTER

240 Colony St.
Fairfield, CT 06430

CAREGIVER SUPPORT GROUPS

(203) 259-6699 Voice




FARMINGTON, TOWN OF

FARMINGTON, TOWN OF - COMMUNITY AND RECREATIONAL SERVICES

One Monteith Dr.
Farmington, CT 06032

CAREGIVER SUPPORT GROUPS



(860) 675-2390 Voice



GLASTONBURY, TOWN OF

GLASTONBURY, TOWN OF - SENIOR SERVICES

300 Welles St.
Riverfront Community Center
Glastonbury, CT 06033

CAREGIVER SUPPORT GROUPS

(860) 652-7652 Voice

(860) 652-7638 Voice - Senior Services



GREENWICH HOSPITAL

GREENWICH HOSPITAL - CENTER FOR HEALTHY AGING

5 Perryridge Rd.
Greenwich, CT 06830

CAREGIVER/CARE RECEIVER SUPPORT GROUPS

(203) 863-4373 Voice

(203) 863-4375 Voice



JEWISH FAMILY SERVICES OF GREENWICH

One Holly Hill Ln.
Greenwich, CT 06830

CAREGIVER SUPPORT GROUPS AND EDUCATIONAL WORKSHOPS


Caring for Your Aging Parent and Educational Workshops

(203) 622-1881 Voice



HEBRON, TOWN OF

HEBRON, TOWN OF - RUSSELL MERCIER SENIOR CENTER



14 Stonecroft Dr.
Hebron, CT 06248

CAREGIVER SUPPORT GROUPS

(860) 228-1700 Voice



MANCHESTER, TOWN OF

MANCHESTER, TOWN OF - SENIOR CENTER

549 Middle Tpke. East
Manchester, CT 06040

CAREGIVER SUPPORT GROUPS

Manchester Caregiver Connection Meetings

(860) 647-3211 Voice



MIDDLESEX HOSPITAL

MIDDLESEX HOSPITAL - SOCIAL WORK DEPT.

28 Crescent St.
Middletown, CT 06457

CAREGIVER SUPPORT GROUPS

(860) 344-6162 Voice



NEW MILFORD, TOWN OF

NEW MILFORD, TOWN OF - RICHMOND CITIZEN CENTER

40 Main St.
New Milford, CT 06776

CAREGIVER SUPPORT GROUPS: CAREGIVERS OF OLDER ADULTS

Taking Care

(860) 355-6075 Voice



ELDERHOUSE

7 Lewis St.
Norwalk, CT 06851

CAREGIVER/CARE RECEIVER SUPPORT GROUPS

(203) 847-1998 Voice



PLAINVILLE, TOWN OF

PLAINVILLE, TOWN OF - SENIOR CENTER

200 East St.
Plainville, CT 06062

CAREGIVER SUPPORT GROUPS

(860) 747-5728 Voice



DAY KIMBALL HOSPITAL

DAY KIMBALL HOSPITAL - CENTERS FOR HEALTHY AGING

15 Marshall St.
Putnam, CT 06260

CAREGIVER SUPPORT GROUPS

(888) 774-3992 Voice

(860) 928-7122 Voice



LOWER NAUGATUCK VALLEY WELL SPOUSE SUPPORT GROUP


Confidential Address
Seymour, CT 06483

CAREGIVER/CARE RECEIVER SUPPORT GROUPS

(203) 888-3541 Voice - Home phone number



MCLEAN



75 Great Pond Rd.
Simsbury, CT 06070

CAREGIVER SUPPORT GROUPS

(860) 658-3700 Voice



SOUTH WINDSOR, TOWN OF

SOUTH WINDSOR, TOWN OF - ADULT AND SENIOR SERVICES

150 Nevers Rd.
Charles Enes Community Center
South Windsor, CT 06074

CAREGIVER SUPPORT GROUPS: CAREGIVER FOR OLDER ADULTS

(860) 648-6357 Voice

(860) 644-7895 TTY



HOSPITAL OF CENTRAL CONN., THE - BRADLEY MEMORIAL CAMPUS

81 Meriden Ave.
Southington, CT 06489

CAREGIVER SUPPORT GROUPS

Caring and Sharing

(860) 276-5000 Voice/TTY



WELDON CENTER FOR REHABILITATION AT MERCY MEDICAL CENTER SUPPORT GROUPS

233 Carew St.
Springfield, MA 01102-9012

CAREGIVER SUPPORT GROUPS

(413) 748-6890 Voice



JEWISH FAMILY SERVICE OF STAMFORD

733 Summer St., Suite 602
Stamford, CT 06901



FAMILY LIFE EDUCATION PROGRAMS

Family Life Education

(203) 921-4161 Voice



STAMFORD HEALTH SYSTEM - STAMFORD HOSPITAL

STAMFORD HEALTH SYSTEM - STAMFORD HOSPITAL - REGIONAL MEDICAL HOME SUPPORT CENTER - SOUTHWEST REGION

30 Shelburne Rd.
Stamford, CT 06904

CAREGIVER/CARE RECEIVER SUPPORT GROUPS

Care for the Caregiver Support Group

(866) 239-3907 Voice

(203) 276-7552 Voice

(203) 276-5908 Voice - MaryAnn Austin, Facilitator



STRATFORD, TOWN OF

STRATFORD, TOWN OF - SENIOR SERVICES/ RAYMOND E. BALDWIN CENTER

1000 West Broad St.
Stratford, CT 06615

CAREGIVER SUPPORT GROUPS

(203) 385-4050 Voice



HOSPICE OF SOUTHEASTERN CONN.

179 Gallivan Ln.
Uncasville, CT 06382

CAREGIVER/CARE RECEIVER SUPPORT GROUPS

(860) 848-5699 Voice



VISITING NURSE AND HEALTH SERVICES OF CONN.

8 Keynote Dr.
Vernon, CT 06066

CAREGIVER SUPPORT GROUPS

(860) 872-9163 Voice



WATERFORD, TOWN OF

WATERFORD, TOWN OF - MUNICIPAL AGENT FOR THE ELDERLY

1000 Hartford Rd.
Senior Services Dept.
Waterford, CT 06385

CAREGIVER SUPPORT GROUPS

(860) 444-5839 Voice - Sean Kane



WEST HARTFORD, TOWN OF

WEST HARTFORD, TOWN OF - HUMAN SERVICES

50 South Main St.
West Hartford, CT 06107-2447

CAREGIVER/CARE RECEIVER SUPPORT GROUPS

(860) 561-7560 Voice



WESTERLY ADULT DAY SERVICES

65 Wells St.
Westerly, RI 02891



CAREGIVER SUPPORT GROUPS

(401) 596-1336 Voice



WESTERLY HOSPITAL

25 Wells St.
Westerly, RI 02891

CAREGIVER/CARE RECEIVER SUPPORT GROUPS

(800) 933-5960 ext. 3423 Voice - 24 hr/7 days;

(401) 596-6000 Voice/TTY - 24 hr/7 days



JEWISH FAMILY SERVICE OF STAMFORD

JEWISH FAMILY SERVICE OF STAMFORD - SERVING WESTPORT, WESTON, WILTON, NORWALK

431 Post Rd. East, Suite #11
Westport, CT 06880

FAMILY LIFE EDUCATION PROGRAMS

Family Life Education

(203) 454-4992 Voice



WESTPORT, TOWN OF

WESTPORT, TOWN OF - CENTER FOR SENIOR ACTIVITIES

21 Imperial Ave.
Westport, CT 06880

CAREGIVER/CARE RECEIVER SUPPORT GROUPS

(203) 341-5099 Voice



MID-FAIRFIELD HOSPICE

180 School Rd.
Wilton, CT 06897



CAREGIVER SUPPORT GROUPS

(800) 898-4663 Voice - (800)898-HOME

(203) 762-8958 Voice



WINDSOR, TOWN OF

WINDSOR, TOWN OF - HEALTH AND SOCIAL SERVICES

599 Matianuck Ave.
L. P. Wilson Community Center
Windsor, CT 06095

CAREGIVER SUPPORT GROUPS

(860) 285-1839 Voice

