Thank You to all who have journeyed with us over the last 40 years. Here are some snapshots of what we have accomplished together...

## 1974–1979: Getting Established

- South Central Connecticut Agency on Aging is incorporated as the first established agency on aging in the state. SCCAA began in an office in Woodbridge with a staff of three and a total budget of \$136,392. Six grants were awarded in the inaugural year.
- ▶ 5 Year Anniversary! SCCAA employed 25 staff, and, outgrowing its original location, moved to West Haven. The budget had increased to \$407,580 with \$305,685 in Older Americans Act funded grants awarded to twenty-five community organizations.

### 1979–1989: A Decade of Initiatives

- SCCAA shines a spotlight on the contributions of older adults and begins offering opportunities to make a difference in the community. The Foster Grandparent program grew from 27 to 70 volunteers serving at 14 locations in its first year.
- In 1988, SCCAA co-sponsored with the state the first joint conference on issues facing people with developmental disabilities.
- Honoring 10 centenarians at its first celebration, SCCAA recognized that there would be a steep rise in the number of the oldest old. From 1990 to 2010 the number of centenarians in the U.S. increased

In 1989, SCCAA co-sponsored a conference to acquaint community agencies with services by the Veterans Administration.

> CT agencies on aging help establish a state-wide care management program. 1981

partners to develop a regiona transportation service for older adults and people with disabilities.

Joined with community

SCCAA outgrew its first location in the first five years.

1979

1974

SCCAA is incorporated.

Council on Aging" meets. 1994

First

"Interagency

Awarded the Connecticut Home Care rogram contract for south central Connecticut. A second office is opened to accommodate this new program

1996

The Aging Resource Center (ARC) Sponsorship of RSVP brings 670 volunteers into the SCCAA family Convening of our first Community Forum on Elder Abuse.

1992

Helped establish five adult day centers in the last ten years 1984

1982

Sponsorship

of the Senior

Companion

and Foster

Grandparent

Programs.

New program begins matching older adults with developmental disabilities with companions so that they can fully participate in senior activities in the

community.

1986

pilot to provide services to younger individuals with disabilities. In 2008, ARC becomes ADRC (Aging and Disability Center) with the addition of Community Choices, a collaborative initiative of AASCC, the Center for Disability Rights and the State of Connecticut. A year later, our vision and mission statements are updated

1989–1999: A Decade of Growth

2001

Sponsorship of the

Senior Employment

Program.

In 1992, the ARC was staffed

by one employee who offered

office, over the phone and at

community locations. In 1993.

the work would expand to include

Twenty years later, the program

would serve 18,000 individuals

The National Family

Caregiver Support

Act is passed -

SCCAA expands

its support to

caregivers.

First Annual

Centenarian

Celebration.

In 2003, our name changes to

Agency on Aging of South Central

Connecticut to make it easier to be

identified as an "agency on aging"

and offices are consolidated to the

In 2007, the CHC Program began a

current location in New Haven.

to reflect our expanded reach.

2000–2014: Expansion of Services

during the 2012 year.

health insurance options counseling.

information and referrals in the

- In 2009, the National Association of AAA's recognized H.O.P.E. for facilitating access to long-term care services for the Latino population. The N4A report states, "Until the project, information about services was so fragmented that recipients did not benefit from a more comprehensive approach to alerting them about the assistance available to them."
- Supplementing the services offered through the Veteran-Directed Home and Community Based Services Program launched in 2009, in 2014 services to veterans would also be offered through the RSVP Program.
- AASCC received a national award from the Federal Administration on Aging on Aging in 2010. We were nominated by the Connecticut Department for Social Services for our innovation, dedication and leadership to achieve long term care systems change.

■ When SCCAA was awarded the

CHCP Program in 1996, there were

350 clients in our area. A year later.

we were serving 1,700 clients,

as we continued the work of our

founding charter to "strengthen

or develop... services for older

institutionalization..."

persons which will enable them to

live in their own homes and avoid

On the move

again!

2003

In 2010, AASCC began offering Movimiento, an exercise program developed by the Center for Disease Control. AASCC now offers Tai Chi and LiveWell as part of its services focusing on helping older adults maintain an independent lifestyle by staying active and managing chronic diseases.

**■ 25th Anniversary!** With 97 staff, the budget had increased to \$18 million and 32 Older Americans Act funded grants were awarded.

> First "Art of Aging" 2012

Over 2,000 people participated in 2010 Senior Expo.

> AASCC's first Health and Wellness Program launched.

Workshop sponsored by AASCC.

First Fearless

2004

AmeriCorps supports start of Experience Corps and older adults begin tutoring in public schools In 2011, a similar effort by VISTA began.

2005

H.O.P.E. (Hispanic Outreach Project for Elders) first convened.

> In 2013, AASCC launched a new website, grouping our many programs into easily identified categories.

Exhibit held.

First AASCC

Ambassadors

recruited.

Start of program offering

veterans a choice of self-

direction in the management

of their home care services.

2009

2008

Money Follows the Person

demonstration pilot launched.

focusing on helping individuals living in institutional settings

return to the community.

Ribbon-cutting ceremony held

for Community Choices.

In 2013, AASCC adopted the tagline Your Advocate for *Independence* to encompass the wide array of information and services offered to empower adults to remain as independent and engaged as possible within their communities.

# of South Central Connecticut Your Advocate for Independence®

### An Overview of Accomplishments in 2014

#### Support to Live at Home

2014

Social Security Disability

Assistance Program launched.

- Information counselors provided assistance to 8,254 callers:
  - 3,519 were assisted with Medicare issues.
  - 4,735 were assisted with I&A about community resources.
- 1,034 individuals received assessments for Meals on Wheels.
- Care management services were provided to over 3,100 individuals helping them remain safely in their own homes.
- 24 Veterans were given the opportunity to select a self-directed model in which to receive their home care services.
- 153 individuals living in long term care facilities were assessed to determine if living in the community was a viable option. Eligible individuals were assisted in their return to the community through coordination of services, housing, and the necessary supports.

#### **Assistance & Support for Those Caring for Loved Ones**

 2,167 family caregivers were assisted with information about community resources & benefits, respite care, & training

#### **Opportunities for Staying Active and Healthy**

- Volunteers spent over 43,000 hours in the local public schools tutoring children and working to improve educational opportunities. An additional 70,000 hours of mentoring were provided to preschool
- Over 75,000 hours of companion services were given to frail older adults
- 50 older adults received skills and employment training, and ten were successfully placed into unsubsidized employment.
- 144 people completed Moving for Better Balance (Tai Chi) training.
- 25 people were trained as workshop leaders for the Live Well (Chronic Disease Self-Management Program) and 97 individuals completed the program.
- 50 artists displayed works at the 2nd Art of Aging Exhibition
- Twenty centenarians were honored at our 28th Annual Centenarian Luncheon

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