



“I have always tried to remain independent, but this year I felt overwhelmed and scared. I needed food and I felt so alone. Thank you Agency on Aging for delivering my groceries and checking in on me.”

## Dear Friends,

As you know, AOASCC is always here to help individuals remain safe in their own homes and engaged in their community. But this year thousands of older adults, individuals with disabilities, and caregivers in the greater New Haven and lower Valley relied on us. Donations enable us to reach beyond our traditionally-funded programs to step up when unmet needs are identified in our community.

Here are a few highlights of how we expanded our reach this year:

- How do you get groceries when you need to self-isolate? AOASCC started a **new program delivering groceries and medications** to older adults who remained at home.
- Isolation during the pandemic has profoundly affected health and well-being. **We contacted and supported thousands of older adults** to help relieve loneliness and connect them to needed services.
- **Transportation** is a critical need for older adults. We are excited to announce that we launched a program that matches chaperone volunteers with older adults who need a companion when going to medical appointments.
- Throughout the pandemic, **we convened our regional network of providers and community leaders** to provide support and address gaps. Together, we are re-imagining and redefining aging services now and into the future.

**We need your support. Please consider a tax-deductible donation so we can support those in our community who need us now more than ever.**

Thank you,



Melissa Lang, DrPH, MPH, MPA, MA  
President & CEO

### AOASCC Programs

We empower adults to remain independent and engaged within their communities through:

#### Support to Live at Home

- Insurance & Benefits Assistance
- Information & Referral Services
- Care Management for In-Home Services

#### Caring for Loved Ones

- Caregiver & Respite Services
- Information & Referral

#### Staying Active & Healthy

- Volunteer Opportunities
- Annual Art Exhibition
- Wellness Programs

#### Community Outreach

- Elder Abuse, Fraud and Exploitation Education
- Funding of Community Programs
- Professional Networking and Education

**You** can extend our reach  
by including AOASCC in your year-end giving.



**Agency  
on Aging**  
of South Central Connecticut  
*Your Advocate for Independence*®