** As my mom got older, she needed help that I never anticipated. Agency on Aging helped me in so many ways to support her and keep her safely at home."

Dear Friend,

More and more older adults want to continue to live independently in their own homes and choose the care they need. Every year, we help older adults and people with disabilities reach their goal of remaining in their homes and engaged in the community. We offer a range of services, including understanding and navigating all available care options, care management, respite services to caregivers, and other critical supports. As more people in need contact us for support, your donation will help to meet this growing need.

Here are a few highlights of how we made a difference this past year:

- Navigating services for older adults and caregivers can be overwhelming. **We added a new Service Navigation Program** to meet complex needs. Our counselors help with health insurance, Medicare, Medicaid, Long-Term Care, and community services.
- Nearly 4,000 older adults and people with disabilities were able to remain at home while receiving care management or self-directed services.
- Over 15,000 individuals and caregivers were provided with resources and information through a variety of means in-person, calls, written materials about community resources, benefits programs, and education to support their independence in the community.
- Our volunteer programs continue to grow. Our **volunteers provide an array of services** to nearly 300 individuals, such as medical chaperone services, providing companionship, intergenerational programs, and support to vulnerable older adults so they can continue to live at home.

We need your support. Please consider a <u>tax-deductible donation</u> so we can help those in our community who need us now more than ever.

Thank you,

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Melissa Lang, DrPH, MPH, MPA, MA President & CEO

You can be part of impacting our community by including AOASCC in your year-end giving.



OF SOUTH CENTRAL CONNECTICUT Your Advocate for Independence®