



BIO

Pamela Krist Atwood

Gerontologist &
Executive Director
Colebrook Village at Hebron

Pamela Krist Atwood is a gerontologist and the Executive Director of Colebrook Village at Hebron, a new senior living community which opened in May 2018.

Pam earned a Master's Degree in gerontology & human development from the University of Saint Joseph and a Bachelor's degree from Clark University. She has worked in aging services for nearly 30 years and has enjoyed experiences working for area nursing homes in recreation and social work, as a care manager for CT Community Care Inc (CCCI), as director of Programs for the Alzheimer's Association of CT, and as director of Dementia Care Services at Hebrew HealthCare. She is most excited to bring the highest quality assisted living services and innovative senior living to her hometown of Hebron CT.

Pam is proud to tell people she is a Certified Dementia Practitioner and an instructor for the National Council of CDPs. Atwood also loves to tell people that she is a Certified Laughter Leader – and see their reactions when they ask her about Laughter Therapy. She is the founder and owner of Live Laugh LEARN, LLC.

The University of St. Joseph recognized her as a Distinguished Alumni in 2012 and she was a *Top 40 Under 40* winner in 2007.

In addition to her work, she volunteers with the American Parkinson Disease Association, the Alzheimer's Association, and sings in her church's choir. She is married and has two teenagers.