



Some Perspective

College Freshman in 2015

- Have always had CDs, not records
- TV was always cable
- Jimmy Fallon is the host of Tonight
- Popcorn was always cooked in the microwave
- Don't know who Mork is
- AIDS has been here their whole lives
- Never used a bottle cap opener

Advantages of Aging!

- You know what you like.
- You know you have to depend on yourself.
- You know what style looks good on you.
- You can enjoy the freedom of menopause.
- Sense of achievement improves
- You understand your personal sexual needs.
- Only age group that looks good in red lipstick.
- You look forward to a dull evening at home.
- You know you can survive without computers, cell phones, frozen dinners, I-pods, Ipads contact lenses, copiers and plastic surgery.
- Sleep late
- You know no one is perfect so you're not disappointed in people as often.
- Spoil Grandkids
- You appreciate humor.
- Book Titles
 - ✓ Cooking with Hot Flashes
 - ✓ Didn't My Skin Used to Fit?
 - ✓ Growing Your Own Turtleneck
- You know these are the wonder years, when you wonder: "How did I ever get this old?"
- The kids are grown!
- You know you don't need a date to go out for a good time.
- You've learned to pick your battles.

- Your investment in health insurance begins to pay off.
- You don't rip the seat of your pants trying to climb over fences.
- Your knees and knuckles can predict the weather better than Scot Haney.
- Your wedding gifts and furniture are now officially antiques.
- Old age is not a disease. It's strength and survivorship triumph over disappointments, trials and illness.
- You don't have anything to prove.
- You can speak your mind.
- Increased wisdom
- More knowledge
- I don't have to go to work any more
- Not influenced by peer pressure.
- We accept the inevitable.
- We accommodate our actions to reflect our personal limitations.
- We are realistic about who we are and what we can accomplish.
- The mortgage is paid off.
- Senior discounts
- More participation in politics
- Volunteerism
- Collecting on Social Security taxes
- Keener appreciation of nature
- More in touch with spirituality
- Know who your true friends are.
- Vocabulary improves
- Judgment improves
- It's better than the alternative