## Take Control



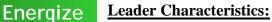
# WORKSHOP LEADERS NEEDED FOR THE LIVE WELL <u>DIABETES</u> PROGRAM

"It's Your Life ... Live it Well"

### Feel Better

Live Well Diabetes is a community based sixweek workshop series, meeting once a week, for adults who want to learn ways to manage their diabetes or pre-diabetes and their caregivers.

#### SEEKING PROFESSIONALS AND VOLUNTEERS TO BE WORKSHOP LEADERS



- Ability to work with a small group of people and
- Ability to read aloud and follow a scripted leader
- Good communication and listening skills.
- Ability to be non-judgmental and respect different opinions.

#### Leader Requirements:

- Four full days of a Live Well Diabetes Leader Training.
- Co-facilitate a *Live Well Diabetes* Workshop within 6 months of the training.

#### LIVE WELL DIABETES LEADER TRAINING

Live

LEADER TRAINING DATES: Day 1: Monday June 4, 2018 Day 2: Wednesday June 6, 2018 Day 3: Monday June 11, 2018 Day 4: Wednesday June 13, 2018

**TIME:** 9:00 AM-4:00 PM **LOCATION:** Agency on Aging, 1 Long Wharf Drive, New Haven CT 06511 **REGISTER:** Please contact Jessica at 203-785-8533 ext:3160 or jwaite@aoascc.org

Enjoy

Visit our website at: <u>www.cthealthyliving.org</u> An evidence-based self-management program originally developed at Stanford University. This program supported by funds made available for the Centers for Disease Control and Prevention, Office of State, Tribal, Local and Territorial Support under grant DP13-105.





