

Take
Control



"It's Your Life...Live it Well"

WORKSHOP LEADERS NEEDED FOR THE **LIVE WELL DIABETES PROGRAM**

Feel
Better

Live Well Diabetes is a community based six-week workshop series, meeting once a week, for adults who want to learn ways to manage their diabetes or pre-diabetes and their caregivers.

SEEKING PROFESSIONALS AND VOLUNTEERS TO BE WORKSHOP LEADERS



Energize

Leader Characteristics:

- Ability to work with a small group of people and
- Ability to read aloud and follow a scripted leader
- Good communication and listening skills.
- Ability to be non-judgmental and respect different opinions.

Leader Requirements:

- **Four full days** of a Live Well Diabetes Leader Training.
- Co-facilitate a *Live Well Diabetes* Workshop within 6 months of the training.

LIVE WELL DIABETES LEADER TRAINING

LEADER TRAINING DATES: Day 1: Monday June 4, 2018
Day 2: Wednesday June 6, 2018
Day 3: Monday June 11, 2018
Day 4: Wednesday June 13, 2018

TIME: 9:00 AM-4:00 PM

LOCATION: Agency on Aging, 1 Long Wharf Drive, New Haven CT 06511

REGISTER: Please contact Jessica at 203-785-8533 ext:3160 or jwaite@aoascc.org

Live

Enjoy

Visit our website at: www.cthealthyliving.org

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