

VALLEY SENIOR SERVICE COUNCIL PRESENTS: CAREGIVER SUPPORT, INFORMATION & RESOURCES

The Valley Senior Services Council invite caregivers to a three part series to help you care for your loved one. Join us to have a discussion on an overview of the disease and the challenges that caregivers may face as well as coping mechanisms.

Wednesday August 19, 2020: **Alzheimer's** – Cary Carpino, RN Senior Health and Wellness Coordinator at Griffin Hospital

Wednesday September 9, 2020: **Parkinson's** – Stephanie Fisher, PT at Griffin Hospital

Wednesday September 23, 2020: **Stroke** – Gail Chaffee, RN Stroke/Hospice/Palliative Coordinator at Griffin Hospital

Presentations are being held via ZOOM
3:00PM-4:00PM

Events are free, Please RSVP for each event by calling:
TEAM Elderly at 203-736-5420 X 4225

