



Debbie Pausig, LMFT, CT
Bio: August 2022

Debbie Pausig, LMFT, CT, is a Licensed Marriage and Family Therapist, a Certified Thanatologist, Hospice Bereavement Coordinator for Home Care Plus Community Healthcare & Hospice, and NHPCO Bereavement Professional Steering Committee Member.

In May 2022 she presented at the New England Home care & Hospice Conference and in 2021 she was the closing Keynote Speaker for the 2021 Hospice and Palliative Care Summit sponsored by the Connecticut Association for Healthcare at Home.

She was a Professional Support Group Leader for HDSA CT-Chapter, Speaker and Trainer for 9 years. She is a National Speaker and Author of “An Affair Worth Remembering With Huntington’s Disease, *Incurable Love & Intimacy During an Incurable Illness.*”

In 2020 her article, “*Grief Amplified + Mourning Interrupted= Mourning COVID-19 Style*” was featured in *Trauma Matters: Summer 2020, COVID-19 Edition* a publication of the Connecticut Women’s Consortium.

In 2019 she was quoted in grief articles in the Washington Post and on CBS Radio Network. She was a contributing author in *Natural Awakenings Magazine: New Haven, Fairfield and Hartford County* editions in their August issue: *A Forever Bond: Connected in Life and After Death*, and December issue: *The Sandwiched Generation: A Tale of Midlife Caregivers*. She was also featured on the cover of *North Haven Neighbors* magazine in October 2019.

In 2014, she self-published her book, “*An Affair Worth Remembering With Huntington’s Disease, Incurable Love & Intimacy During an Incurable Illness*. It was made an ebook in 2016.

In 2013, she published a reflective article, “*Grieving Behind the Badge, We are the First Responders*” for ADEC’s publication, *The Forum*. A reflection on the Sandy Hook Tragedy.

In 2008, Debbie was trained by Sr. Mauryeen O’Brien, O.P, to facilitate the New Day Program for the bereaved which she presented for 7 years at St. Frances Cabrini Church in North Haven. Under Sr. Mauryeen’s tutelage, she trained future facilitators and conducted workshops in grief in Connecticut.

Debbie uses humor and compassion drawn from 25 years of experience in Law Enforcement and 17 years as a family caregiver into her profession as a therapist and presenter. www.Debbiepausigmft.com

Email: Deborah.Kornitsky-Pausig@YNHH.ORG PH:203-453-7663