



Agency on Aging

OF SOUTH CENTRAL CONNECTICUT

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25th Caregiver Conference

Caregiving: The Intersection of Family Caregiving & Paid Caregiving

KEYNOTE SPEAKER Donna Fedus, *Gerontologist*

August 27, 2026

8:30 am (sign in) 9:00 am-3:00 pm

Cielo's Banquet Hall • 85 Chase Lane • West Haven, CT

Keynote Speaker: Donna Fedus, M.A. is gerontologist and founder of Borrow My Glasses, an education and evaluation company bringing new perspectives to aging, caregiving, and dementia — without the tragedy narrative.

Redefining Care Teams: *Envisioning New Norms in Family-Professional Partnerships*



Donna Fedus, MA Gerontologist

Most long-term care is sustained by families, yet their role on the care team remains undefined. Join us to examine care team norms, elevate the family caregiver's role and strengthen family-professional partnerships. Move past self-care platitudes to practice a brief evidence-based strategy to fulfill caregiver wishes. In this conference we will:

- 1. Examine the roles of care team members**
- 2. Propose new norms for care teams**
- 3. Choose one actionable self-care strategy with a specific implementation timeframe**

- To Register: __Click on the link __
- Cost: Free, space limited. Register early!
- Certificate of Completion provided after the program
- Registration questions? Contact: Bkidder@aoascc.org
- Workshop or CE questions? Contact Borrow My Glasses at contact@borrowmyglasses.com
- This program is pending approval from the National Association of Social Workers, CT Chapter (NASW-CT) for 2 Continuing Education Credit Hours to meet the continuing education criteria for Social Work, Marriage & Family Therapist, Professional Counselor, and Licensed Psychologist Licensure renewal
- Participants are responsible for verifying individual CE requirements with their state board

Continuing Credits: 2 CECs NASW