Low Income Home Energy Assistance Program (LIHEAP)

LIHEAP offers one-time financial assistance to help pay home heating bills. LIHEAP provides funding assistance to low-income households, targeting those who are truly vulnerable: the disabled, elderly, and families with preschool-age children. Additional funds may be available in emergency situations.

LIHEAP, known as Connecticut Energy Assistance Program (CEAP) in Connecticut, aims to help low-income households stay healthy during winter. The program extends benefits to homeowners and renters equally. If an applicant is paying for heating costs as a part of rent, he/she may receive financial help through LIHEAP after passing the eligibility test.

The Contingency Heating Assistance Program (CHAP) typically offers additional \$300 during winter to the qualified households. Similarly, households facing critical situations with their fuel supplies may receive additional aid through Crisis Assistance Program. The one-time grant is typically under \$400 for one household. The program provides these benefits to households that are unable to pay for their fuel costs and are at a risk of running out of fuel.

Households qualifying for Safety Net Services under Connecticut Energy Assistance Program will receive up to \$400 additional grant with each delivery of Safety Net benefits. Typically, households will receive 2-3 deliveries of such benefits. Households receiving SNAP or State Administered General Assistance will also qualify for CEAP.

CEAP benefits vary depending on a number of factors. However, if you are a homeowner or renter who pays heating utility bills separately from rent, then you can receive up to \$525 in winter heating assistance. If your household has a person over 60 years of age, disabled person, or young children, then you can receive benefits up to \$575. On the other hand, if your household is paying heating bills as a part of rent, you can only receive up to \$120 in heating assistance for winter.

Household Size	Annual Income	Household Size	Annual Income
1 person	\$16,755	2 people	\$22,695
3 people	\$28,635	4 people	\$34,575
5 people	\$40,515	6 people	\$46,455
7 people	\$52,395	8 people	\$58,355

Income guidelines