



“ Once I became an adult, my Mom always told me how important it was to her that she stay in her home as she aged. Then, it happened so quickly, she needed help every day. Your agency helped me find the services that she needs, walking me through all of the options, so that I could honor her wishes ”

## Dear Friends,

As we age, it is so important to be home in familiar surroundings, close to the people and things that make us feel safe and comfortable. Many older adults are alone or rely on family members for support. We help these older adults with a range of services to keep them home and provide critical supports to family members who are caring for their loved ones. Each year, thousands of people rely on us – your donation helps support so many older adults in our community as they age in place.

Here are examples of how your donation impacts our community:

- **Transportation** – Our new chaperone service matches caring, trained volunteers with individuals as they travel to and from medical procedures, doctor’s office visits, and vaccine appointments.
- Our special fund addresses **gaps in service**. In one instance, funds paid for a washing machine when bedding had to be washed daily and a husband couldn’t leave his wife alone to go to a laundromat.
- When older adults needed to stay at home because of the pandemic, we started **delivering groceries**. There is still a need, so we are continuing this critical program.
- The pandemic has increased the rates of **isolation and loneliness**. From checking in with someone to make sure their needs are met to matching volunteers with the perfect opportunity to give back, we help older adults remain engaged in their community.

**Your donation means so much. Please consider a tax-deductible donation so we can support those in our community who need us now more than ever.**

With appreciation,



Melissa Lang, DrPH, MPH, MPA, MA  
President & CEO

### Highlights From Last Year

#### Support to Live at Home

- **3,492 individuals** remained at home through care management or self-directed services.
- **147,220 people** received education to support their independence in the community, in-person or through written material.

#### Caring for Loved Ones

- **2,800 family caregivers** were provided respite care, information about community resources and benefits, or received training.

#### Staying Active & Healthy

- **151 works by 75 artists** were displayed at the annual Art of Aging Exhibition.
- **229 volunteers** committed to serving older adults and children in the greater New Haven area. 46 volunteers helped 150 individuals schedule vaccinations.



**Agency  
on Aging**

OF SOUTH CENTRAL CONNECTICUT  
Your Advocate for Independence®

**You** can be part of impacting our community by including AOASCC in your end-year giving.