

VALLEY SENIOR SERVICES COUNCIL PRESENTS: CAREGIVER SUPPORT, INFORMATION & RESOURCES



The Valley Senior Services Council invite caregivers to a three part series to help you care for your loved one. Join us to have a discussion on an overview of the diseases and the challenges that caregivers may face as well as coping mechanisms.

Thursday April 9, 2020: **Parkinson's** –Stephanie Fisher, PT & Lou Fabozzi, PT at Griffin Hospital
Sponsored by Griffin Hospital Lifeline

Thursday May 7, 2020: **Alzheimer's** – Cary Carpino, RN Senior Health and Wellness Coordinator at Griffin Hospital

Thursday June 11, 2020: **Stroke** – Gail Chaffee, RN Stroke/Hospice/Palliative Coordinator at Griffin Hospital

Presentations are being hosted at Shelton Senior Center
81 Wheeler Street
Shelton, CT 06484
4:45PM – 6:30PM

There will be a light meal provided at each discussion
Events are free, but seating is limited. Please RSVP for each event by
Calling 203-924-9324



