



**Area Plan to Serve Older Adults in the South Central Region
October 1, 2017-September 30, 2021**

EXHIBIT II-7

Summary of Area Plan Goals & Objectives, with goals in priority order

Instructions: List goals in order of importance, with objectives listed under each goal, as appropriate.

Goal 1: Empower older adults to remain in the community of their choice.

Consumer surveys, focus groups and literature review all indicate that older adults desire to remain living in the community of their choice. Consequently, this preference is the primary driver in the activities of the agency on aging. This preference is reflected in our mission and vision as an agency on aging.

Goal 2: Ensure older adults have information and access to programs designed to enhance economic security

Older adults' capacity to achieve their desired outcome described above is strongly influenced by their economic status. As a result the agency on aging is committed to ensuring that older adults are aware of economic opportunities to enhance their financial status and are provided with support services to access benefits.

Goal 3: Ensure older adults are provided with resources to protect them from abuse.

Protection from abuse is an elder right and the agency on aging is committed to dedicating resources to ensure older adults are aware of their rights and the resources available to assist individuals in abusive situations.

Goal 4: Ensure older adults have access to information necessary for healthy aging.

Consistent with the focus on supporting the individual's preference for community first choice, it is essential to provide older adults with the information and resources to attain and maintain healthy aging.

Goal 5: Eliminate ageism in society.

Healthy aging, elder abuse, community first choice, and economic security cannot be successfully realized in a society where older adults are victims of discrimination based on age. Therefore, working to eliminate ageism is an essential piece of the area plan.

The objectives and strategies for each of the goals outlined above are listed in detail in Exhibit II-8 below.

EXHIBIT II-8

Area Plan in Detail: Statement of Goals, Objectives and Strategies

Instructions: The Area Agency is asked to provide the State Unit on Aging (State Department on Aging – SDA) with its Four Year Goals, Objectives and Strategies. This section should reflect the needs identified in Exhibit II-6. All objectives listed in Exhibit II-7 should be addressed. Please use a separate page for each objective.

**Area Plan 2018-2020
Progress Grid**

Priority Area: Long Term Support & Services
Goal 1: Empower older adults to reside in the community of their choice.

Objectives & Strategies	Summary of Completion & Activities	Activity Status
<i>Objective 1: Caregivers will have opportunities for training to enhance skills to maintain care recipient stay in the community.</i>		
Strategy 1: Provide 2 evidence based caregiver trainings per year 2018, 2019, 2020, 2021		
Strategy 2: Provide communication training annually 2018,2019,2020, 2021		
<i>Objective 2: Caregivers will feel supported in their caregiving role to enable them to continue to care for the care recipient</i>		
Strategy 1: Provide resources to area caregiver support groups. ongoing through 2021		
Strategy 2: Co-lead dementia support group at ADC, 2018		
Strategy 3: Provide free access to Fearless Caregiver Conference ,2018		
<i>Objective 3: Caregivers will have access to respite services</i>		
Strategy 1: Using Title III E National Family Caregiver Support Program funding provide respite services, 2018,2019, 2020, 2021		
<i>Objective 4: Provide support & Training for “grand families”</i>		
Strategy 1: Through Sub-grantee, provide grandparent training sessions 6 times per year 2018, 2019		
<i>Objective 5: Ensure individuals with severe disabilities receive assistance with long term care planning</i>		
Strategy 1: Require information counselors successfully complete person-centered planning curriculum. 2018		
Strategy 2: Within available funding, dedicate staff time to provide in-home assessments of consumers with severe disabilities 2018, 2019		
Strategy 3: Participate on the Board of Directors of the State Independent Living Centers 2018, 2019		

Priority Area: Long Term Support & Services		
Goal 1: Empower older adults to reside in the community of their choice. <i>continued</i>		
Objectives & Strategies	Summary of Completion & Activities	Activity Status
Strategy 4: Continue to provide services through Community 1 st Choice. 2017,2018, 2019, 2020		
Strategy 5: Provide training in person-centered planning by AOASCC staff for AOASCC sub-grantees. 2019		
Strategy 6: AOASCC staff will present person-centered planning to members of Interagency Council. 2018.		
Strategy 7: AOASCC will feature person-centered planning in newsletter. 2019.		
Strategy 8: AOASCC will publicize availability of person-centered planning through newspaper articles throughout south central region. 2018.		
<i>Objective 6: Support the availability of in-home support services</i>		
Strategy 1: Continue to fund community providers of in-home services using Title III funds 2018,2019, 2020, 2021		
Strategy 2: Provide care management services to ensure appropriate levels of in-home services are provided in CHCPE and the Statewide Respite Program 2018, 2019 2020, 2021		
<i>Objective 7: Support the availability of Adult Day Centers</i>		
Strategy 1: Continue to fund ADCs within the limits of available funding 2018, 2019, 2020, 2021		
Strategy 2: Participate in the development of a new ADC to serve lower Naugatuck Valley. To be completed 2020		
<i>Objective 8: Support the availability of care through community</i>		
Strategy 1: Educate consumers about the availability of self-directed care options 2018, 2019		
Strategy 2: Encourage consumers to “self-serve” using myplacect.org website 2018, 2019, 2020, 2021		
Strategy 3: Continue to assist institutionalized adults to transition to community living through MFP 2018, 2019, 2020, 2021		
<i>Objective 9: Ensure older members of LBGT community have access to LTSS</i>		

Strategy 1: Provide information to PRIDE programs (New Haven PRIDE center; Triangle Community Center) about LTSS 2019		
Strategy 2: Collaborate with the CCOA on program to expand awareness of the intersection between aging and LBGT 2019		

<p style="text-align: center;">Priority Area: Economic Security</p> <p style="text-align: center;">Goal 2: Ensure older adults have information and access to programs designed to enhance income security</p>		
Objectives & Strategies	Summary of Completion & Activities	Activity Status
<i>Objective 1: Ease the financial burden of caregiving</i>		
Strategy 1: Using Title III E National Family Caregiver Support Program supplemental funds pay for items required by care recipient, 2018, 2019, 2020, 2021		
Strategy 2: Screen all care recipients for financial benefits, 2018, 2019, 2020, 2021		
Strategy 3: Using Title III E National Family Caregiver Support Program funding provide financial assistance with “back to school” costs, 2018, 2019		
Strategy 4: Screen grandparent caregivers for financial benefits, 2018		
<i>Objective 2: Increase participation in benefit programs</i>		
Strategy 1: Incoming calls will be screened by the ADRC for Medicare Savings Program 2018,2019,2020,2021		
Strategy 2: Information counselors will screen callers to ADRC for SNAP eligibility 2018,2019, 2020, 2021		
<i>Objective 3: Raise awareness about financial exploitation</i>		
Strategy 1: SMP staff will provide community education about financial fraud and abuse 2018, 2019, 2020, 2021		
Strategy 2: SMP staff will recruit and train volunteers to educate consumers about financial abuse. ongoing through 2021		
<i>Objective 4: Raise awareness about Medicare D</i>		
Strategy 1: CHOICES counselors will conduct New to Medicare classes at least twice per year, 2018,2019, 2020, 2021		
Strategy 2: CHOICES counselors will assist Medicare recipients in the selection of Medicare Part D plans, PDP and MA-PD plans, by using Medicare.gov resources 2018,2019,2020, 2021		

Priority Area: Economic Security		
Goal 2: Ensure older adults have information and access to programs designed to enhance income security		
Objectives & Strategies		
<i>Objective 5: Increase employment opportunities for older adults</i>		
Strategy 1: Serve as host site for SCSEP participants 2018, 2019		
Strategy 2: Conduct computer training classes to upgrade employment skills 2018, 2019		
Strategy 3: Seek funding to continue STEPS employment program 2018		

Priority Area: Elder Rights		
Goal 3: Ensure older adults are provided with resources to protect them from abuse.		
Objectives & Strategies	Summary of Completion & Activities	Activity Status
<i>Objective 1: Raise awareness about elder abuse</i>		
Strategy 1: Hold annual TEARS conference 2018, 2019, 2020, 2021		
Strategy 2: Feature topic of elder abuse annually in AOASCC newsletter 2018, 2019, 2020, 2021		
<i>Objective 2: Work with aging network to manage elder abuse effectively</i>		
Strategy 1: Participate in M-teams throughout SC region 2018, 2019, 2020, 2021		
Strategy 2: Provide annual AOASCC staff training about elder abuse 2018, 2019, 2020, 2021		
<i>Objective 3; Ensure resources are available for legal assistance to older adults</i>		
Strategy 1: Using Title III funds support New Haven Legal Services to provide legal counsel to older adults 2018, 2019, 2020 2021		
Strategy 2: Continue to partner with CT Legal Services and SDA to create seamless referral systems 2018, 2019		
Strategy 3: Participate in cross training provided by CLS and SDA 2019		
Strategy 4: Utilizing SMP staff to partner with CLS & SDA, provide training about financial abuse 2019, 2020		

<p style="text-align: center;">Priority Area: Healthy Aging Goal 4: Ensure older adults have access and information necessary for healthy aging.</p>		
Objectives & Strategies	Summary of Completion & Activities	Activity Status
<i>Objective 1: Contribute to a society where aging is viewed positively by highlighting the contributions of older adults</i>		
Strategy 1: Hold annual Art of Aging exhibit, 2018, 2019, 2020, 2021		
Strategy 2: Feature activities of older volunteers in monthly newsletter, 2018, 2019, 2020, 2021		
Strategy 3: Create volunteer opportunities for older adults in RSVP and CDSMP programs 2018, 2019		
<i>Objective 2: Ensure access to physical and behavioral health services</i>		
Strategy 1: Utilize Title III B funds to provide health screenings through sub-grantees 2018, 2019, 2020, 2021		
Strategy 2: Utilize Title IIIB funding to provide access to behavioral health services 2018, 2019, 2020, 2021		
Strategy 3: Utilize Title IIID funding to provide evidence based disease prevention Tai Chi & CDSMP 2018, 2019		
Strategy 4: Raise awareness about self-directed care options 2018, 2019		
Strategy 5: Utilize evidence based Healthy Ideas program to reduce depression in caregivers and care recipients 2018, 2019		
<i>Objective 3: Ensure transportation is available for older adults</i>		
Strategy 1: Explore resumption of weekend transportation for social activities 2018		
Strategy 2: Continue to fund transportation programs with Title IIIB funds 2018, 2019, 2020, 2021		
<i>Objective 4: Ensure aging information is available to Spanish-speaking older adults and caregivers</i>		
Strategy 1: Through HOPE (Hispanic Outreach) ensure members of aging network who serve Spanish speaking consumers are trained in programs and services that benefit older adults. 2018, 2019, 2020,2021		

Priority Area: Healthy Aging Goal 4: Ensure older adults have access and information necessary for healthy aging. <i>continued</i>		
Objectives & Strategies	Summary of Completion & Activities	Activity Status
Strategy 2: Ensure informational materials are available in Spanish. ongoing through 2021		
Strategy 3: Available funding permitting, employ Spanish speaking staff to work with Spanish speaking consumers. ongoing through 2021		
<i>Objective 5: Ensure older adults are protected from food insecurity</i>		
Strategy 1: Continue to fund home delivered meals programs and congregate meal sites 2018,2019, 2020, 2021		
Strategy 2: Conduct nutrition risk assessments biannually on all HDM recipients. ongoing through 2021		
Strategy 3: Collaborate with SDA on implementation of evidenced-based nutrition program if funding is available. 2018		
Strategy 4: Provide technical assistance to Title IIIC grantees to implement evidence-based nutrition programs. 2018		

Priority Area: Healthy Aging Goal 5: Eliminate Ageism in Society		
Objectives & Strategies	Summary of Completion & Activities	Activity Status
<i>Objective 1: Raise awareness about ageism</i>		
Strategy 1: Hold statewide conference on ageism, 2018		
Strategy 2: Use social media to broadcast information about ageism, 2018, 2019, 2020, 2021		
<i>Objective 2: Establish collaborations with groups committed to elimination of ageism</i>		
Strategy 1: Develop a statewide council of members of the aging network to work together to eliminate ageism, 2018		
<i>Objective 3: Advocate for the elimination of policies that enable ageism 2019, 2020, 2021</i>		
Strategy 1: Working with the council, identify legislators who will promote legislative changes needed to reduce age discrimination, 2019, 2020, 2021		
Strategy 2: Advocate for proposed legislative changes, 2019, 2020, 2021		