

Senior Cafés – Greater New Haven

LifeBridge Community Services provide Senior Cafés at sites throughout the Greater New Haven area for anyone 60 or older. These cafés offer nutritious and well-balanced meals. The menus are planned for optimal flavor, appearance and variety and are certified by a registered dietician as meeting one third of the daily recommended allowance for good health. Weekly menus are published in the New Haven Register. Anonymous donations are accepted at all locations. We suggest \$3.00 per meal but participants may donate whatever they can afford.

The sites are operated Monday through Friday and lunch is served between 11:15 and 12:30 at most sites. Participants must register for the program and are asked to make a reservation at the site the day before intended participation. Interested individuals are encouraged to call either the LifeBridge Community Services office at 203-752- 9919 or the site managers as listed below.

Branford Senior Center	1 Cherry Hill Rd	Maureen Hall	203-481-3429
East Haven Senior Center	9 Taylor Drive	Mary Speringo	203-468-3277
Hamden - Miller Senior Center	2901 Dixwell Ave	Mary Naylor	203-287-0057
Hamden – Davenport Dunbar Apts	125 Putnam Ave	Dorothy Howard Lucky	203-248-3924
Meriden - Casa Boricua	204 Colony St.	Aida Carrero	203-238-0430
Meriden Senior Center	22 West Main St.	Michael Galluzo	203-235-8052
Milford Senior Center	9 Jepson Drive	Lori Dubel	203-877-5131
New Haven – Atwater Senior Center	26 Atwater Street	Ana Feliciano	203-946-8559
New Haven – Bella Vista, Victoria Room	321 Eastern St	Ken Basley	203-946-6507
New Haven – Dixwell Senior Center	255 Goffe St	Margie Sigular	203-946-8541
New Haven – Casa Otonal	135 Sylvan Ave	Migdalia Vega	203-773-1847 x123
North Haven Senior Center <i>lunch served Tue. Thurs. Fri.</i>	189 Poole Rd	Arlene Herzog	203-239-4030
Orange Senior Center	535 Orange Center Rd	Ellen Davis	203-891-4765
Wallingford Senior Center	238 Washington St	Tanya Spruill	203-265-3508
West Haven – Surfside Apts	200 Oak St	Bill Hopkins	203-934-1504
West Haven Senior Center	201 Noble St	Catherine Douglas	203-937-3507

LifeBridge Community Services also offers a restaurant program every Wednesday at the Greek Olive Restaurant on Sargent Drive in New Haven. Meals are served from 11:00 am through 1:15 pm. A \$3.00 donation is requested. Reservations are not required.



These Cafés are funded through federal Older American Act funding granted to LifeBridge Community Services by the Agency on Aging of South Central Connecticut.