

Senior Community Cafés –Valley

TEAM, Inc. provides hot lunchtime meals at several locations throughout the Valley for individuals 60 and older. Community Cafés is a nutrition program that serves healthy, balanced, and tasty meals in a friendly atmosphere. A \$3.00 donation is suggested, but not required. Donations are used to supplement and expand nutrition services.

Reservations must be made the day before by calling the site. Feel free to contact TEAM Elderly Services Department at 203-538-5886 ext. 4225 or 4226 for more information.

Derby Senior Center	Tuesdays and Thursdays	203-736-1484
Seymour - Rev. A. Callahan House	Monday through Friday	203-888-4579
Oxford Senior Center	2 days per month*	203-881-5231

*Days vary. Look for TEAM lunch on the Senior Center Calendar <http://www.oxford-ct.gov/senior-center/pages/newsletter-calendar> or call the TEAM office.

Thanks to a collaborative dining program coordinated by TEAM, Inc. and Griffin Hospital, all seniors 60 and over living in surrounding Valley towns are welcome to participate in a **Senior Meal Choice Program at Griffin Hospital Dining Center in Derby**. Tuesdays and Thursdays at 5:00 p.m.

This is an excellent resource, providing older adults with a nutritious meal while dining with café guests in a beautiful restaurant setting. Meals consist of an entrée, side dish, vegetable, soup or salad, a piece of fruit or dessert and beverage.

Reservations are limited to 30 diners per sitting. For those recipients who are able to pay, a \$4.00 donation is suggested. Call 203.538-5886 ext. 4203, before 2 p.m.



These Cafés are funded through federal Older American Act funding granted to TEAM, Inc. by the Agency on Aging of South Central Connecticut.