Agency on Aging of South Central CT
Online Caregiver Support Group
Call 203785 8533, Patricia Soos, to register and get the link.

Ansonia
See: NORTH STAR

Branford
See: EVERGREEN WOODS
ORCHARD HOUSE
THE HEARTH AT GARDENSIDE
SARAH, INC. IN ACTION

Branford
See: Blackstone Memorial Library
758 Main Street
860 913 2550
3rd Wed. Each Month
Caregivers of people with MS

Orchard House ADC
Temporarily on Zoom

Derby
See: GRIFFIN HOSPITAL - CANCER SUPPORT GROUP
GRIFFIN HOSPITAL-ALZHEIMER’S SUPPORT GROUP

East Haven
See: THE VILLAGE AT MARINERS POINT

Guilford:
See: VNA Community Healthcare

Hamden
See: ALZHEIMER’S ASSOCIATION - CONNECTICUT CHAPTER
ARDEN COURTS
ARDEN HOUSE
ATRIA LARSON PLACE
CLELIAN CENTER
HOSPITAL OF SAINT RAPHAEL - MCGIVNEY CENTER FOR CANCER
HAMDEN HEALTH CARE CENTER
MAXIM HEALTHCARE SERVICES
MAPLEWOODS OF HAMDEN
SPRING GLEN CHURCH
ST STEPHENS CHURCH
SUNBRIDGE HEALTHCARE
Madison
See: MADISON SENIOR CENTER

Meriden
See: MIDSTATE MEDICAL CENTER - CANCER CENTER
THE VILLAGE AT KENSINGTON PLACE

Milford
See: ALS ASSOCIATION - CONNECTICUT CHAPTER
CARRIAGE GREEN AT MILFORD
MILFORD HOSPITAL

New Haven
See: APRAXIA RESOURCE CENTER OF CONNECTICUT
Bella Vista
MARY WADE
118 Clinton Ave. Temporarily on Zoom
KATHERINE BRENNAN SCHOOL FAMILY RESOURCE CENTER
YALE UNIVERSITY- ALZHEIMER RESEARCH CENTER
1 Church Street

North Haven
See: AMERICAN PARKINSON DISEASE ASSOCIATION
EVEN CAREGIVER SUPPORT GROUP
NORTH HAVEN CAREGIVER SUPPORT GROUP
VNA Elder Resource Center
Yale MS Center
6 Devine St. Suite 2B
1st Thursday 5-7PM
General Caregiver Support Group
Amici Restaurant
43 Broadway
Meets Saturdays 11:30 AM– 1PM

Norwalk
See: CANCERCARE

Seymour
See: SOUTHERN CONNECTICUT WELL SPOUSE SUPPORT GROUP

Shelton
See: GARDENER HEIGHTS
See: Benchmark/Parkinsons
When: Meets the 3rd Tuesday each month at 11:00AM..
Where: Benchmark at Split Rock: 708A Bridgeport Ave Shelton
Contact: Theresa Waldron-Yancoskie, 203-929-1111
Wallingford
See: DIABETES SUPPORT GROUP OF CT
    REGENCY HOUSE
    MASONIC CARE

West Haven
See: WEST HAVEN, CITY OF
    WEST HAVEN, CITY OF - YOUTH AND FAMILY SERVICES
    VETERANS AFFAIRS

Woodbridge
See: COACHMAN SQUARE
    EMERITUS AT WOODBRIDGE
    JEWISH FAMILY SERVICES
    AMITY RD

3rd Thursday evening.

LBGT
See:
LGBT Caregivers

ALZHEIMER’S ASSOCIATION - CONNECTICUT CHAPTER

800-272-3900

Website: www.alz.org/ct

ALZHEIMER’S ASSOCIATION - CONNECTICUT CHAPTER - SOUTH CENTRAL REGIONAL OFFICE - HAMDEN
2911 Dixwell Avenue
Hamden, CT 06518
(800) 272-3900 Voice
http://www.alz.org/ct
ALS ASSOCIATION - CONNECTICUT CHAPTER
4 Oxford Road Unit D4
Milford, CT 06460
(877) 257-2281 Voice  Toll-Free
(203) 874-5050 Voice

AMERICAN PARKINSON DISEASE ASSOCIATION - CONNECTICUT CHAPTER
27 Allendale Drive
North Haven, CT 06473
(203) 288-0546 Voice
http://www.ctapda.org
gladkt@hotmail.com

APRAXIA RESOURCE CENTER OF CONNECTICUT
New Haven, CT 06515
(203) 521-6112 Voice
http://www.apraxiact.com
apraxiaCT@yahoo.com

ARDEN COURTS - HAMDEN
153 Leeder Hill Drive
Hamden, CT 06517

ARDEN HOUSE
850 Mix Avenue
Hamden, CT
(203) 285-1060
Tiffany Burnham

ATRIA LARSON PLACE
1450 Whitney Avenue
Hamden, CT
(203) 248-8880
John Ardolino

Bella Vista
339 Eastern ST, Bldg. B, Room 313
New Haven, CT
1-866-474-5230
Last Thursday of month, 10:30 -noon
CANCERCARE
535 Connecticut Avenue Suite 104
Norwalk, CT 06854
(203) 854-9911 Voice
(800) 813-4673 Voice 800-813-HOPE
http://www.cancercare.org
crinfo@cancercare.org

CARRIAGE GREEN AT MILFORD
77 Plains Road
Milford, CT 06460

CLELIAN CENTER
261 Benham Street
Hamden, CT
(203) 288-4151
Ron Bowen/Sharon Albone

COACHMAN SQUARE
at Woodbridge
21 Bradley Road
Woodbridge, CT
(203) 397-7544 x307
Bea Gawlak

CT FAMILY NETWORK
South Central Regional Coordinator:
Deborah Pagano
Phone: (203) 430-0242
Email: dpagano@ctfsn.org

CONNECTICUT MENTAL HEALTH
COMMUNITY SERVICES NETWORK
34 Park Street
New Haven, CT 06519
(203) 974-7265 Voice
(203) 974-7082 Voice

EVEN CAREGIVER SUPPORT GROUP
Joyce Budrow Senior Center
189 Pool Rd.
North Haven
Last Thur. of Month
EVERGREEN WOODS
88 Notch Hill Road
Branford, CT 06471
Walking Group, rain or shine!
Thursdays, 1 – 2:30

EMERITUS AT WOODBRIDGE
330 Amity Rd
Woodbridge, CT 06525

GARDENER HEIGHTS
172 Rocky Rest Road
Shelton, CT
(203) 924-6251
Mike Hetsko
Mh@hetsko.com

GRIFFIN HOSPITAL - CANCER SUPPORT GROUP
130 Division Street
Derby, CT 06418
(203) 732-7591 Voice
http://www.griffinhealth.org
H.U.G.S. (Help Unlimited Griffin Support)

GRIFFIN HOSPITAL-ALZHEIMER'S SUPPORT GROUP
130 Division Street
Derby, CT 06418
(203) 732-7591 Voice
http://www.griffinhealth.org
2nd Wednesday, monthly

HAMDEN HEALTH CARE CENTER
1270 Sherman Ave
Hamden, CT 06514

HOSPITAL OF SAINT RAPHAEL - MCGIVNEY CENTER FOR CANCER CARE - HAMDEN
2080 Whitney Avenue
Hamden, CT 06518
(203) 789-3131 Voice
http://www.srhs.org

KATHERINE BRENnan SCHOOL FAMILY RESOURCE CENTER
Kinship Care Support Group
LGBT Caregivers

ALZHEIMER'S ASSOCIATION - CONNECTICUT CHAPTER

800-272-3900

Website: www.alz.org/ct

MAXIM HEALTHCARE SERVICES
HAMDEN HOME HEALTH ACCREDITED
2313 Whitney Avenue Suite 1B
One Hamden Center
Hamden, CT 06518
(203) 288-1117 Voice  Dan
http://www.maxhealth.com
DaMcNama@maxhealth.com

DIABETES SUPPORT GROUP OF CT
c/o Skyview Center 35 Marc Drive
Wallingford CT 06492
(203)-640-4589

MADISON SENIOR CENTER
9 Bradley Rd.
Madison
3rd Tuesday of month
12:30 – 2:00PM
1-866-474-5230

MIDSTATE MEDICAL CENTER - CANCER CENTER
435 Lewis Avenue
Meriden, CT 06451
(203) 694-8669 Voice
(203) 694-8353 Voice
http://www.midstatemedical.org
Miller Senior Center
2901 Dixwell Ave.
Last Tuesday of Month 10-11:30 AM

MAPLEWOODS OF HAMDEN
35 Hamden Hill Drive
Hamden, CT
(860) 230-1777 x14
Maria Tomasetti

MARY WADE
118 Clinton Avenue
New Haven, CT
(203) 562-7222 x131
Gail Donahue
gdonahue@marywade.org

MASONIC CARE
22 Masonic Avenue
Wallingford, CT
(203) 679-6581 or
(203) 679-6369
Beverly Bryda &
Gail Kallinich

MILFORD HOSPITAL
2047 Bridgeport Avenue
Milford, CT (203) 396-1086 Erena Fitzgerald

MILLER SENIOR CENTER
2901 Dixwell Ave.
Hamden, CT
Last Tuesday of month
10:00 AM – 11:30 AM
1-866-474-5230

NORTH HAVEN CAREGIVER SUPPORT GROUP
VNA Elder Resource Center
2 Broadway
North Haven
1st Monday, monthly

NORTH STAR
31 Hill Street
Ansonia, CT 06401
(203) 735-6098 Voice  Cathy (home phone)
(203) 751-2417 Voice  Cathy (cell phone)
http://www.northstarsupportgroup.com
cathy@northstarsupportgroup.com

ORCHARD HOUSE
421 Shore Drive
Branford, CT
(203) 481-7110
eastregional@sbcglobal.net

Mens as Caregivers
Orchard House 1st Wed

REGENCY HOUSE
181 E. Main Street
Wallingford, CT
(203) 265-1661
Theresa Mowry

SARAH, INC. IN ACTION - BRANFORD
One Commercial Street
Branford, CT 06405
(203) 315-9123 Voice
http://www.sarah-inc.org

SOUTHERN CONNECTICUT WELL SPOUSE SUPPORT GROUP
Seymour, CT 06483
(203) 888-3541 Voice  Home phone number
http://www.wellspouse.org
picardow@yahoo.com

SPRING GLEN CHURCH
The Great Hall
1825 Whitney Avenue
Hamden, CT 06517

ST STEPHENS CHURCH
400 Ridge Road
Hamden, CT 06517

STRONG HOUSE
546 Durham Road  
Madison, CT  
(203) 245-0524  
2nd Tuesday of Month 12:30-2PM 

SUNBRIDGE HEALTHCARE  
Arden House, 1st Floor, Conference Room  
850 Mix Avenue  
Hamden, CT 06514 

THE HEARTH AT GARDENSIDE  
173 Alps Road  
Branford, CT  
(203) 483-7260  
Linda Abbagnaro  

THE VILLAGE AT MARINERS POINT  
111 South Shore Drive  
East Haven, CT  
(203) 467-0067  
Brenda Lopes 

VETERANS AFFAIRS, UNITED STATES DEPARTMENT OF - CONNECTICUT HEALTHCARE SYSTEM  
950 Campbell Avenue  
West Haven, CT 06516  
(203) 932-5711 Voice  
(866) 808-7921 Voice  
(877) 222-8387 Voice  1-877-222-VETS  
http://www.connecticut.va.gov/ 

VILLAGE GRANDPARENTS  
203 407-3172  

VNA Community Healthcare  
753 Boston Post RD.  
Guilford, CT  
Parkinson’s Caregiver Group  
2nd Thursday of month  
10:30 AM – noon  
1-866-474-5230 

THE VILLAGE AT KENSINGTON PLACE
511 Kensington Avenue
Meriden, CT
(203) 467-0067
Brenda Lopes

VISITING NURSE ASSOCIATION
135 North Plains
Industrial Road
Wallingford, CT
(203) 269-1475
correspondence@vna
wallingford.org

VNA COMMUNITY HEALTHCARE
2 Broadway
North Haven, CT 06473
1ST Monday of month, 10:30 - noon
P203-985-1549
jbegley@vna-commh.org

WEST HAVEN, CITY OF WEST HAVEN, CITY OF - YOUTH AND FAMILY SERVICES - WEST HAVEN INTERAGENCY NETWORK FOR CHILDREN
201 Noble Street
Johnson Community Center
West Haven, CT 06516
(203) 937-3565 Voice  Parent Support Group
http://www.whinc.org
Support Groups Outside South-Central Region

HOUSE OF GOD OUTREACH AND DELIVERANCE
500 Pequonnock St.
Bridgeport, CT 06604

**KINSHIP CAREGIVER/CAREGIVER SUPPORT GROUPS**

*Family 2 Family*

(203) 333-5778 Voice

JEWSH FAMILY SERVICE
2370 Park Ave.
Bridgeport, CT 06604

**CAREGIVER SUPPORT GROUPS**

(203) 366-5438 Voice

CHESHIRE, TOWN OF

CHESHIRE, TOWN OF - SENIOR CENTER
240 Maple Ave.
Cheshire, CT 06410

**CAREGIVER SUPPORT GROUPS**

(203) 272-8030 Voice - Outreach Social Worker

(203) 272-0047 Voice - Senior Center, for directions to center

LIBERTY SPECIALTY CARE CENTER
36 Broadway
Colchester, CT 06415
CAREGIVER SUPPORT GROUPS
(860) 537-4606 Voice

CENTER FOR HOPE
590 Post Rd.
Darien, CT 06820

CAREGIVER SUPPORT GROUPS
(203) 655-4693 Voice

ENFIELD, TOWN OF
ENFIELD, TOWN OF - ENFIELD ADULT DAY CARE CENTER
One-A Beech Rd.
Enfield, CT 06082

CAREGIVER SUPPORT GROUPS
(860) 763-7538 Voice

FAIRFIELD, TOWN OF
FAIRFIELD, TOWN OF - GRASMERE ELDERCARE CENTER
240 Colony St.
Fairfield, CT 06430

CAREGIVER SUPPORT GROUPS
(203) 259-6699 Voice

FARMINGTON, TOWN OF
FARMINGTON, TOWN OF - COMMUNITY AND RECREATIONAL SERVICES
One Monteith Dr.
Farmington, CT 06032

CAREGIVER SUPPORT GROUPS
GLASTONBURY, TOWN OF

GLASTONBURY, TOWN OF - SENIOR SERVICES
300 Welles St.
Riverfront Community Center
Glastonbury, CT 06033

CAREGIVER SUPPORT GROUPS

(860) 652-7652 Voice
(860) 652-7638 Voice - Senior Services

GREENWICH HOSPITAL

GREENWICH HOSPITAL - CENTER FOR HEALTHY AGING
5 Perryridge Rd.
Greenwich, CT 06830

CAREGIVER/CARE RECEIVER SUPPORT GROUPS

(203) 863-4373 Voice
(203) 863-4375 Voice

JEWISH FAMILY SERVICES OF GREENWICH

One Holly Hill Ln.
Greenwich, CT 06830

CAREGIVER SUPPORT GROUPS AND EDUCATIONAL WORKSHOPS

Caring for Your Aging Parent and Educational Workshops

(203) 622-1881 Voice

HEBRON, TOWN OF

HEBRON, TOWN OF - RUSSELL MERCIER SENIOR CENTER
14 Stonecroft Dr.
Hebron, CT 06248

**CAREGIVER SUPPORT GROUPS**

(860) 228-1700 Voice

MANCHESTER, TOWN OF

MANCHESTER, TOWN OF - SENIOR CENTER

549 Middle Tpke. East
Manchester, CT 06040

**CAREGIVER SUPPORT GROUPS**

*Manchester Caregiver Connection Meetings*

(860) 647-3211 Voice

MIDDLESEX HOSPITAL

MIDDLESEX HOSPITAL - SOCIAL WORK DEPT.

28 Crescent St.
Middletown, CT 06457

**CAREGIVER SUPPORT GROUPS**

(860) 344-6162 Voice

NEW MILFORD, TOWN OF

NEW MILFORD, TOWN OF - RICHMOND CITIZEN CENTER

40 Main St.
New Milford, CT 06776

**CAREGIVER SUPPORT GROUPS: CAREGIVERS OF OLDER ADULTS**

*Taking Care*

(860) 355-6075 Voice
ELDERHOUSE
7 Lewis St.
Norwalk, CT 06851

CAREGIVER/CARE RECEIVER SUPPORT GROUPS
(203) 847-1998 Voice

PLAINVILLE, TOWN OF
PLAINVILLE, TOWN OF - SENIOR CENTER
200 East St.
Plainville, CT 06062

CAREGIVER SUPPORT GROUPS
(860) 747-5728 Voice

DAY KIMBALL HOSPITAL
DAY KIMBALL HOSPITAL - CENTERS FOR HEALTHY AGING
15 Marshall St.
Putnam, CT 06260

CAREGIVER SUPPORT GROUPS
(888) 774-3992 Voice
(860) 928-7122 Voice

LOWER NAGATUCK VALLEY WELL SPOUSE SUPPORT GROUP
Confidential Address
Seymour, CT 06483

CAREGIVER/CARE RECEIVER SUPPORT GROUPS
(203) 888-3541 Voice - Home phone number

MCLEAN
CAREGIVER SUPPORT GROUPS

(860) 658-3700 Voice

SOUTH WINDSOR, TOWN OF

SOUTH WINDSOR, TOWN OF - ADULT AND SENIOR SERVICES
150 Nevers Rd.
Charles Enes Community Center
South Windsor, CT 06074

CAREGIVER SUPPORT GROUPS: CAREGIVER FOR OLDER ADULTS

(860) 648-6357 Voice
(860) 644-7895 TTY

HOSPITAL OF CENTRAL CONN., THE - BRADLEY MEMORIAL CAMPUS

81 Meriden Ave.
Southington, CT 06489

CAREGIVER SUPPORT GROUPS

Caring and Sharing

(860) 276-5000 Voice/TTY

WELDON CENTER FOR REHABILITATION AT MERCY MEDICAL CENTER SUPPORT GROUPS

233 Carew St.
Springfield, MA 01102-9012

CAREGIVER SUPPORT GROUPS

(413) 748-6890 Voice

JEWSIH FAMILY SERVICE OF STAMFORD

733 Summer St., Suite 602
Stamford, CT 06901
FAMILY LIFE EDUCATION PROGRAMS

Family Life Education

(203) 921-4161 Voice

STAMFORD HEALTH SYSTEM - STAMFORD HOSPITAL

STAMFORD HEALTH SYSTEM - STAMFORD HOSPITAL - REGIONAL MEDICAL HOME SUPPORT CENTER - SOUTHWEST REGION

30 Shelburne Rd.
Stamford, CT 06904

CAREGIVER/CARE RECEIVER SUPPORT GROUPS

Care for the Caregiver Support Group

(866) 239-3907 Voice
(203) 276-7552 Voice
(203) 276-5908 Voice - MaryAnn Austin, Facilitator

STRATFORD, TOWN OF

STRATFORD, TOWN OF - SENIOR SERVICES/ RAYMOND E. BALDWIN CENTER

1000 West Broad St.
Stratford, CT 06615

CAREGIVER SUPPORT GROUPS

(203) 385-4050 Voice

HOSPICE OF SOUTHEASTERN CONN.

179 Gallivan Ln.
Uncasville, CT 06382

CAREGIVER/CARE RECEIVER SUPPORT GROUPS

(860) 848-5699 Voice
VISITING NURSE AND HEALTH SERVICES OF CONN.
8 Keynote Dr.
Vernon, CT 06066

CAREGIVER SUPPORT GROUPS
(860) 872-9163 Voice

WATERFORD, TOWN OF
WATERFORD, TOWN OF - MUNICIPAL AGENT FOR THE ELDERLY
1000 Hartford Rd.
Senior Services Dept.
Waterford, CT 06385

CAREGIVER SUPPORT GROUPS
(860) 444-5839 Voice - Sean Kane

WEST HARTFORD, TOWN OF
WEST HARTFORD, TOWN OF - HUMAN SERVICES
50 South Main St.
West Hartford, CT 06107-2447

CAREGIVER/CARE RECEIVER SUPPORT GROUPS
(860) 561-7560 Voice

WESTERLY ADULT DAY SERVICES
65 Wells St.
Westerly, RI 02891
CAREGIVER SUPPORT GROUPS

(401) 596-1336 Voice

WESTERLY HOSPITAL
25 Wells St.
Westerly, RI 02891

CAREGIVER/CARE RECEIVER SUPPORT GROUPS

(800) 933-5960 ext. 3423 Voice - 24 hr/7 days;
(401) 596-6000 Voice/TTY - 24 hr/7 days

JEWISH FAMILY SERVICE OF STAMFORD

JEWISH FAMILY SERVICE OF STAMFORD - SERVING WESTPORT, WESTON, WILTON, NORWALK
431 Post Rd. East, Suite #11
Westport, CT 06880

FAMILY LIFE EDUCATION PROGRAMS

Family Life Education

(203) 454-4992 Voice

WESTPORT, TOWN OF

WESTPORT, TOWN OF - CENTER FOR SENIOR ACTIVITIES
21 Imperial Ave.
Westport, CT 06880

CAREGIVER/CARE RECEIVER SUPPORT GROUPS

(203) 341-5099 Voice

MID-FAIRFIELD HOSPICE

180 School Rd.
Wilton, CT 06897
CAREGIVER SUPPORT GROUPS

(800) 898-4663 Voice - (800)898-HOME

(203) 762-8958 Voice

WINDSOR, TOWN OF

WINDSOR, TOWN OF - HEALTH AND SOCIAL SERVICES
599 Matianuck Ave.
L. P. Wilson Community Center
Windsor, CT 06095

CAREGIVER SUPPORT GROUPS

(860) 285-1839 Voice